

BabyGym in preparation for school readiness

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In this latest class that I started 05 Feb 2013 one of the Mommies who arrived was Nina Wagner with baby Lea.

Lea was born 14th December 2012 and her neck muscles were very weak and mommy was so worried as she knows that her little one will go to school with children who were born in Jan/Feb of the same year. Mommy Nina realised that her little Lea would be a whole year 'behind' developmentally.

My first "success" was that I could tell her that by doing BabyGym with Lea she was ALREADY helping her to "close" that gap between her baby and the others she would be going to school with!

Nina is a slightly nervous first time mommy who just could not bring herself to put little Lea on her tummy. After explaining to her that it was imperative for Lea to do "tummy time" and loads of encouragement she managed to put Lea on her tummy and has continued to do so EVERYDAY! By week 4 (of BabyGym 2: Firm Foundations) Lea did wonderful tummy time and every other mommy in the class commented on HOW STRONG she had gotten since week 1! Wow I was so proud of both of them.

Not only has BabyGym been strengthening Lea and helping her to get strong – but it has also given Mommy Nina confidence to handle her little bundle of Joy!!

